

*Do not look down on
anyone unless you are
helping them up.*

*P.E.I.R. is a recovery organization
located in the Mobile area. Our
goal is to assist professionals and
other peers with providing quality,
certified peer oriented services.*

FOR MORE INFORMATION CONTACT

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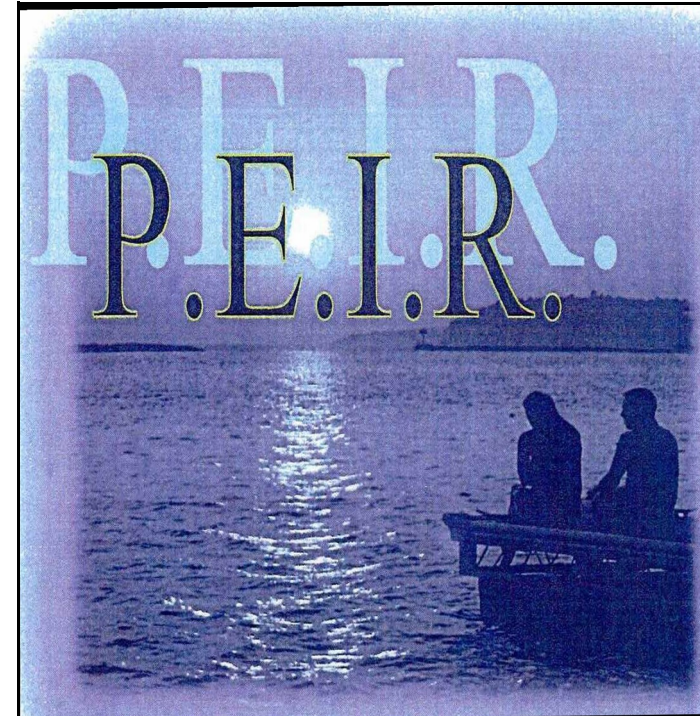
MISSION STATEMENT

People Engaged in Recovery (P.E.I.R.)
advocate, empower and collaborate for
individuals seeking recovery from
substance use disorder.



VISION STATEMENT

The specific purposes of the
Corporation are to develop the right of
self-determination and personal
responsibility in individuals
pursuing recovery.



PEOPLE ENGAGED IN RECOVERY

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*“I let go of all
the lies I tell
myself.”*

VALUE OF PEER SERVICES

According to the Substance Abuse and Mental Health Administration (**SAMHSA**), recovery support services assist people as they enter into and learn to navigate systems of care. These services assist in removing barriers to recovery, help individuals stay engaged in the recovery process, and live full lives in communities of their choice. SAMHSA has now found it efficient and cost-effective to include evidenced-based peer programs, peer services and peer support specialists as a primary tool in the delivery of services in order to reduce escalating cost and lacking resources. One of the greatest barriers to recovery from a substance abuse disorder is immediate access to care.

PEER SPECIALIST DEFINED

Who is a Peer Support Specialist?

A Peer Support Specialist is a person living in recovery with a substance use disorder and providing support to others seeking recovery from a substance use disorder.

Who is a Certified Recovery Support Specialist (CRSS)?

A person in recovery from substance use disorder working within an agency or organization, who has been trained to use their personal recovery story to assist others in developing their personal plan for recovery. This person must meet the Alabama Department of Mental Health's requirement to provide peer support services.

Peer Support Services promote:

- Many pathways to recovery
- Self-directed care
- Advocacy
- A strength-based approach
- Relationship enhancement
- Emphasis on peer support philosophy
- Recovery philosophy
- Holistic Approach
- Self-Care

PEER SERVICES INCLUDE:

- Facilitating Recovery Education Groups
- Peer Led Support Groups
- Peer Mentoring
- Meditation Classes
- Using Life Experiences to Assist Clients in Understanding Their Diagnosis
- Veterans Support Groups
- Crisis Support
- Relapse Prevention Planning
- LGBTQIA+ Support Groups
- Basic Living Skills
- Building Self-Esteem and Confidence
- Recreation and Social Opportunities
- Self-Help and Self-Advocacy Skills
- Crisis Resolution, Problem Solving and Goal Setting Skills
- Screening and Intake
- Assistance in Acquiring Resources

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